



# READING THE PSALMS IN LENT

Dwell on the words that catch your attention. Mark the ones you want to remember. If your eye wanders, follow where it leads. Give thanks to God for poems and prayers that span the whole of life.

**2.17**

**PSALM 103**

**2.18**

**PSALM 1**

**2.19**

**PSALM 8**

**2.20**

**PSALM 13**

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**2.21**

**PSALM 25:1-10**

**2.22**

**PSALM 14**

**2.23**

**PSALM 23**

**2.24**

**PSALM 24**

**2.25**

**PSALM 27**

**2.26**

**PSALM 30**

**2.27**

**PSALM 32**

<b>2.28</b>	<b>PSALM 22:23-31</b>
<b>3.1</b>	<b>PSALM 34</b>
<b>3.2</b>	<b>PSALM 40</b>
<b>3.3</b>	<b>PSALM 42</b>
<b>3.4</b>	<b>PSALM 46</b>
<b>3.5</b>	<b>PSALM 62</b>
<b>3.6</b>	<b>PSALM 63</b>

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<b>3.7</b>	<b>PSALM 19</b>
<b>3.8</b>	<b>PSALM 69</b>
<b>3.9</b>	<b>PSALM 71</b>
<b>3.10</b>	<b>PSALM 78</b>
<b>3.11</b>	<b>PSALM 84</b>
<b>3.12</b>	<b>PSALM 85</b>
<b>3.13</b>	<b>PSALM 86</b>

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<b>3.14</b>	<b>PSALM 107:1-3, 17-22</b>
<b>3.15</b>	<b>PSALM 90</b>
<b>3.16</b>	<b>PSALM 91</b>
<b>3.17</b>	<b>PSALM 100</b>
<b>3.18</b>	<b>PSALM 102</b>
<b>3.19</b>	<b>PSALM 104</b>
<b>3.20</b>	<b>PSALM 113</b>

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<b>3.21</b>	<b>PSALM 51:1-12</b>
<b>3.22</b>	<b>PSALM 116</b>
<b>3.23</b>	<b>PSALM 121</b>
<b>3.24</b>	<b>PSALM 131</b>
<b>3.25</b>	<b>PSALM 133</b>
<b>3.26</b>	<b>PSALM 137</b>
<b>3.27</b>	<b>PSALM 139</b>

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<b>3.28</b>	<b>PSALM 118:20-29</b>
<b>3.29</b>	<b>PSALM 141</b>
<b>3.30</b>	<b>PSALM 145</b>
<b>3.31</b>	<b>PSALM 146</b>
<b>4.1</b>	<b>PSALM 31</b>
<b>4.2</b>	<b>PSALM 22:1-21</b>
<b>4.3</b>	<b>PSALM 130</b>
<b>4.4</b>	<b>PSALM 118:1-2, 14-24</b>